

BEACH GUIDE

THE BEST BEACHES IN CEREDIGION

From quiet and secluded coves to large expanses of beaches, Ceredigion has stunning sandy beaches and clear waters for everyone to enjoy. Here are a selection of our favourite beaches.

-  Parking
-  Dog Friendly*
-  Toilets

*Some beaches have seasonal restrictions for dogs, from whole beach bans to restricted areas, always check ahead. These restrictions typically apply from the 1st of May to the 30th of September.

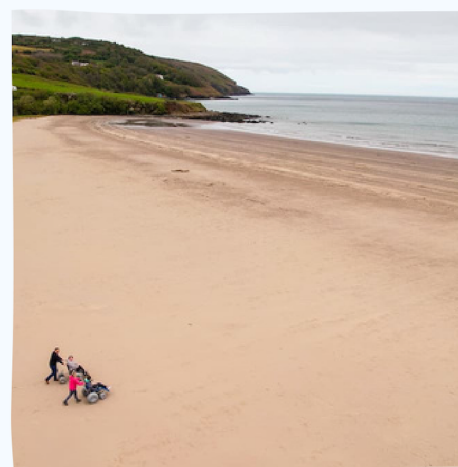
Before visiting the beach it is important to check the tide times and the weather. You can do this by scanning the QR code.



Mwnt



Ynyslas



Poppit Sands



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Mwnt SEASONAL RESTRICTIONS

Mwnt is a stunning location just a few miles north of Cardigan, famous for its hidden cove & little whitewashed church nestled beneath the hill. This beach is popular with families, walkers and dolphin spotters. Mwnt is one of the best places to see dolphins in Ceredigion, swimming, leaping and dancing in the open waters.

SEASONAL
RESTRICTIONS

Tresaith Beach

Tresaith beach is set in a sheltered sandy bay just north of Aberporth. It is accessed by a steep hill down through the village just passed the Ship Inn. Tresaith is a lovely beach which is perfect for a gentle walk in both summer and winter. Dogs are allowed on the beach all year, but just on the left side between 1st May to 30th September



Penbryn Beach SEASONAL RESTRICTIONS

Penbryn beach is one of the most unspoilt beaches in Ceredigion. You can access it from the National Trust car park down a hill of around 400 yards or make your way through the wooded valley with a small waterfall and steep climbs. There is a café in the car park which serves food during the summer months.



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Aberporth Dolwen SEASONAL RESTRICTIONS

Dolwen is a beautiful sandy beach popular with local families because of the fun to be had playing in the rock pools at low tide. This beach is bustling in warmer months with lots of holidaymakers setting up for a day of sandcastles & ice cream.

SEASONAL
RESTRICTIONS



Aberporth Dyffryn

Dyffryn beach is one of 2 sandy beaches in Aberporth & it is dog-friendly year-round. A pop-up beach bar and kitchen (The Boy Ashore) operates next to the beach during the summer months making it the perfect spot to relax and enjoy a bite to eat.



Poppit SEASONAL RESTRICTIONS

A popular choice for families with young children as it's a spacious beach, great for surfing and other water sports. Dog restrictions apply on the western end of the beach between 1st May - 30th September. Crwst have an excellent cafe here for ice cream and coffee!



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New Quay Beach SEASONAL RESTRICTIONS

New Quay is a bustling seaside town in Cardigan Bay. Harbour beach is the most popular beach in the village and is packed full of locals and holidaymakers in the warmer months. This is a fantastic spot for wildlife spotting & wildlife boat trips. Dolau beach (just to the West of the harbour) is dog-friendly all year round.

SEASONAL RESTRICTIONS

Llangrannog

Llangrannog beach is set in a stunning location along the Ceredigion coast, ideal for swimming. It is popular with families & surfers and the village is an excellent place to relax with pubs and cafes overlooking the beach. Dolphins are frequently spotted during warmer months.



Cwmttydu Beach

Once used as a traditional smugglers' hideaway for French brandy and precious salts, Cwmttydu is now a favourite location for seals, you will often catch them basking on the rocks and beach. Accessibility is great here as the car park is directly in front of the beach. Dog friendly 365 days a year!



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Newport Beach

This expansive sandy beach, nestled against a backdrop of dunes, provides ample space for a variety of beach activities. During low tide, you have the opportunity to wade across the river to reach Newport Parrog. This location is particularly favoured by enthusiasts of various water sports. Dogs are allowed on the beach 365 days a year.

SEASONAL
RESTRICTIONS



Ynyslas

The superb dunes of Ynyslas are at the southern side of the Dyfi Estuary and are the largest dunes in Ceredigion. Parking is on the sand, near the visitor centre where you can join a boardwalk through the dunes and reach 3 miles of golden sandy beach. This area is a popular spot amongst walkers and windsurfers.



Clarach Beach

SEASONAL
RESTRICTIONS

This sheltered sand and shingle beach is popular amongst water sports enthusiasts, walkers & bathers. It has superb views and you might even spot a seal or bottlenose dolphin in the waves. You can walk to Aberystwyth from the south end of the beach via a breathtaking scenic cliff-top walk over Constitution Hill.

